

Allergy & Asthma Associates, P.L.L.C.
ALLERGY TESTING INFORMATION

Dear patient,

The following information is very important. To allow us to allergy test you accurately on your first visit, please read the instructions carefully, follow the instructions, and call us if you have any questions. (512) 349-0777

Antihistamines- Stop 3 days Ahead of testing

Benadryl	Diphenhydramine	Astepro	Bromphed
Patanase	Phenergan	Semprex D	Tylenol PM
Nyquil	Vistaril	All OTC* sleep aids	
All OTC* Allergy & Sinus meds		All OTC* Allergy & flu meds	

*OTC-Over the Counter

Antihistamines- Stop 5-7 days Ahead of testing

Allegra	Allerest	Alaway	Alavert
Advil Allergy & Sinus	Mucinex Allergy	Bepreve	Hydroxyzine
Optivar	Pataday	Xyzal	Zyrtec
Claritin	Clarinex	Loratadine	
Dimetapp cold & allergy			
Certirizine	Levocetirizine	Fexofenadine	Chlorpheniramine
Astelin	Dymista	Tavist	

Antidepressants-interfere, ask doctor before discontinuing

Elavil	Amitripyline	Tofranil	Imipramine
Norpramine	Desipramine	Pamelor	Vivactil
Protriptyline	Surmontil	Trimipramine	Desyrel
Trazadone	Sinequan	Doxepin	Remeron
Seroquel			

Stomach Antacids -stop 5 days before testing

Zantac	Ranatidine	Pepcid
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This is not a comprehensive list. It covers many of the common drugs that interfere. If you have a question about a drug you are taking, please call us.

Testing can take up to three hours. Be prepared for this length of stay.

If you are unable to keep the appointment, please notify us as soon as possible, preferably at least 48 hours in advance. We reserve the right to bill patients \$25.00 who no-show any scheduled appointment.

Skin testing is usually performed on the back, shoulder area, and upper arms. Ladies, for your comfort, you may wish to wear something besides a dress. If your hair is longer than shoulder length bring something to put it up with. We will need to apply the tests and check them on several occasions.

Do not apply lotions to your skin on the day of testing.

If your child is being tested, bring something to help entertain him or her, and be sure they've had something to eat, so they're comfortable for the duration. If at all possible, bring only those children who are having services provided.

If you need testing to see if you are allergic to medications or insects, please inform one of our staff prior to your visit.

Weekly "Allergy Injections" are a potential treatment option. For your safety, our physicians require allergy injections to be administered in a medical facility with equipment and staff to treat adverse reactions. Self-administration is not permitted. If you choose to have your injections administered outside our offices, a physician must assume responsibility for administration of your injections.

Check with your insurance about your benefits for allergy testing: cost for the first visit with testing ranges from \$500-\$750.

If you have special needs to be accommodated, please inform one of our staff prior to your visit. We will do all we can to ensure your visit is to your satisfaction.

Common Medications ok to continue before testing

Advair	Asmanex	Flovent	Dulera
Pulmicort	Singulair	Symbicort	Albuterol
Mucinex	Sudafed	Atrovent	Flonase
Nasonex	Rhinocort	Nasacort	Veramyst
Celexa	Lexapro	Paxil	Prozac
Zoloft	Tylenol	Advil	Aspirin
Ibuprofen	Naprosyn	Prilosec	Nexium
Aciphex	Protonix	Qnasl	Zetonna
Omnaris			